From Sharon’s Desk

Welcome back to all of our families. I trust you all had a great holiday and have returned from any travelling safely.

School Development Day yesterday saw all staff trained in Non-Violent Crisis Intervention. These strategies provide skills to staff to support students deescalate heightened behaviours. The training allows for all students to be kept safe and supported in their learning environments.

New Bell and Class Times: A reminder that we will be trialling our new class times for the term. There may be some small hiccups with this change in procedure but this will hopefully be minimal. An evaluation will be carried out at the end of the term.

- Session 1: 9.20am to 10.45am
- Recess: 10.45 to 11.05am
- Session 2: 11.05 to 12.25pm
- Lunch: 12.25 to 12.55pm
- Session 3: 12.55 to 2.15pm
- Fruito: 2.15 to 2.35pm
- Session 4: 2.35 to 3.15pm

The reasoning behind the changes is to allow students to have smaller blocks of learning with more frequent playground activities. A smaller allotted lunch block will result in a decrease of playground issues that were occurring with the larger lunch break. Interest groups for students will also be organised during the lunch breaks.

Personal Information: a reminder that it is incredibly important to keep the school office informed of any changes in your personal information eg home address, phone details, court orders or medical conditions. If your child has an accident or we need to contact you urgently for whatever reason, up to date contact details are essential so that contact can be made immediately. This is for your child’s safety and needs. Send an email, drop in or phone with any new changes.

School Reports were all sent home at the end of last term with your child. If parents didn’t receive their child’s report please contact the school. A 3 way conference will be held on Monday 3rd August from 3.30pm in your child’s classroom. Information and booking sheets will be sent home soon for you to book in your preferred times.

The P&C Meeting will be held this Wednesday from 6.30pm in the Shed. Hope to see you there! A fete meeting will precede this meeting commencing at 6.00pm. Come along with some great ideas to make this years fete better than ever!

Have a great warm week!

Cheers Sharon

Stage 3 Excursion to Sydney

The trip to Sydney is fast approaching. The final cut off date for payment to be finalised is Friday 7th August.

A reminder that instalments can be made on a regular basis.

Stage 2 Excursion to Taronga Western Plains Zoo

A reminder that permission notes and a deposit of $40 is payable by next Friday 24th July.

NED

NED is a free motivational show that promotes positive attitudes and encourages students to do their best every day. The performance will be held on Wednesday 29th July.

The performance is funded by sales of Yoyo’s. Yoyo’s will be sold for a week after the performance from the Shed at lunchtime.

Yoyo prices range from $8 to $20. Further information will be provided closer to the performance.

Class Captains Induction

This term’s Class Captain Induction will be held Friday 24th July at the whole school assembly commencing at 2.35pm. Captains will need to pay $4 contribution towards the cost of the badge. If your child has previously been issued with a badge and you would like to use this again, please send it in to school in an envelope clearly marked with your child’s name and give it to Miss Pengilly. Parents and carers are welcome to attend the assembly which will be held in the hall.
Call to your child. Any article of clothing is lost we are easily able to return it quickly. Clothing must be labelled clearly with your child’s name so that if children are appropriately dressed when coming to school. All winter clothing.

With the current extremely cold weather please ensure that your Winter Clothing

Sheet.

The sheets are available from Woolworth Stores or from the school South office or at local Woolworths Shops. Complete simply place the sheet in the collection box at either Dubbo (excluding liquor, tobacco and gift cards). Once the sheet is completed simply place the sheet in the collection box at either Dubbo South office or at local Woolworths Shops. The sheets are available from Woolworth Stores or from the school office. Stickers can also be left at school if you are unable to complete a sheet.

Winter Clothing

With the current extremely cold weather please ensure that your children are appropriately dressed when coming to school. All clothing must be labelled clearly with your child’s name so that if any article of clothing is lost we are easily able to return it quickly to your child.

AFL Clinic

Students from Kindergarten to Year 4 will participate in an AFL Skills Clinic next Wednesday 22nd July. The children will be required to wear joggers on the day and bring a drink bottle. Qualified coaches will be conducting the sessions as an awareness and skills development program. What a great opportunity!

ATTACHMENTS:

Flyer regarding online ordering
Term 3 Menu and pricing

Library News

Welcome back!

Book week will be in Week 7 this term and more information will follow in coming weeks. The Premier’s Reading Challenge is also counting down. Finishing date is Friday 21st August Week 6! If you need any help to finish, please see Mrs Rice sooner rather than later!

PBL - Playground

Orange lines have been painted in designated walk areas—this is to ensure safe walking zones for all school community and allow playground activities to occur during all break times. Could all parents/carers walk in these areas to ensure safety to themselves and toddlers. Handball, basketball shots, skipping and hopscotch continue to be popular choices and we would like to ensure the harmonious use of the playground at all times.

A reminder that pedestrians are to exit into Fitzroy Street through the middle gate and cross at the crossing. This will enable bus lines to use the top gate with more safety and efficiency.

Woolworths Earn and Learn

From Wednesday 15th July to Tuesday 8th September you can collect Woolworths Earn and Learn Stickers from the checkout operator or through an online order. Place the stickers on the Earn and Learn Stickers Sheet. You will receive one sticker for every $10 spent at Woolworths (excluding liquor, tobacco and gift cards). Once the sheet is complete simply place the sheet in the collection box at either Dubbo South office or at local Woolworths Shops. The sheets are available from Woolworth Stores or from the school office.

Stickers can also be left at school if you are unable to complete a sheet.

Positive Behaviour for Learning

This week our focus is on the new bell times being trialled and the expectations during the eating times. Eating areas are as follows:

<table>
<thead>
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<tbody>
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All students are to sit in designated area to eat recess/fruital

Wait for a teacher on duty to allow you to play

If finished eating ensure ALL rubbish is put in the bin.

Students walk with the teacher to the ‘grass play area’ from the designated eating area or walk to another playground area / canteen.

Healthy Habits with Mr DeLH

Turn off the TV or computer and get active

Set a limit on the amount of time children watch television or spend on the computer. Two hours a day is the maximum. Too much screen time limits physical activity.

On the weekend, live life instead of watching it on TV. Find a new place to hike, bike or run. When you hear “I’m bored” – think of something active to do.

During the winter months, avoid allowing children to watch too much TV or play video games. Encourage active play, which builds social, mental and physical motor skills.

Why reduce television time?

Studies have shown we use less energy watching TV than sitting still. TV influences the food choice of kids – Australia has a high rate of food advertising during children’s viewing hours.

TV replaces time a child can be active and enjoy physical activity.

There is an association between TV watching and being overweight. 40% of children 5 – 12 years report watching an average of two hours or more of television or videos a day.

3K Art Activity

Students are requested to bring in glass jars with a lid for an art activity. A rewards day for 3K students will be held this Friday. Please bring in some party food to share.

Sport

Touch Football Knockout Competition will be held this Thursday 16th July at Katrina Gibbs Oval.

Brian Palmer Shield this Friday 17th July in Gunnedah.

Please ensure that permission notes are returned ASAP.

Friday Sport for Term 3

Each Stage will be organising School Sport activities each Friday for the duration of Term 3. Parents of students in Early Stage 1 and Stage 1 are able to come along and help out. Please see your child’s teacher if you are interested in assisting.

Sport for each stage will be conducted in the following sessions:

| Session 1: Stage 2 (9.25-10.45) |
| Session 2: Stage 1 (11.05-12.25) |
| Session 3: Stage 3 & Kinder (12.55-2.15) |

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Responsibility

Care

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